

Highbury Grange Medical Practice  
Patient Participation Group (PPG) Meeting Minutes  
Tuesday 28<sup>th</sup> March 2017  
14:00 – 15:00

**Attendee:**

PPG members: LC, GA, JFr, RW, SW, NT, EA, JF, WF, SN, JP

Practice staff: Dr Alan Trosser (Senior Partner)  
Dr Geraldine McCullagh (GP partner)  
Carole Mackney (Finance Manager)  
Fateha Khatun (Practice Manager)  
Jaimie Mounsmie (Reception Manager)

Apologies: Dr Georg Holthausen (GP Partner)  
Mille Borup (Practice Nurse)

**Introductions**

Brief introductions were made and everyone was welcomed.  
The minutes and action plans from the last meeting were reviewed

**New Chair**

PPG member LC has taken on the role of the PPG Chair. NT was thanked for her support whilst being chair.

**Minutes of last meeting and matters arising**

The Cancer Awareness Event was hosted on 17<sup>th</sup> November 2016 and was a huge success. Fateha thanked all PPG members for supporting this event.

Care my way was due to commence in October 2016 however this has not taken place. No communication regarding a commencement date has been received. Fateha will get in touch with Steve Fothergil, Project Manager for Care My Way for an update and feedback to the PPG members.

**Thursday Walk**

LC commenced a walking group in collaboration with Highbury Grange Medical Practice on 24<sup>th</sup> November 2016. The walk takes place every Thursday from 11 am till 12 pm of which the meeting point is outside Highbury Grange Medical Practice. The numbers attending the walk has been increasing steadily over the weeks. Positive feedback has been received. Posters are displayed to advise of this walk and the practice is encouraging patients to take part.

## **Dementia**

DH works as a volunteer with SAMH Camden & Islington - (Services for Ageing and Mental Health) and she is also a service user. DH is creating a carer's resource pack for the practice to make available to patients who needs this service.

SAMH are a specialist team, which has staff with a range of skills to support older people.

They have variety of groups from hospital ward to those who go out in the community and those who go to patients homes. These groups run 2 wards (patient with dementia and normal mental health problem which elderly people encounter)

<http://www.candi.nhs.uk/>

In the search box – type SAMH

## **Weight Management Class**

LC suggested a potential weight management class to be offered by the practice on a monthly basis. There was an expression of interest from members of the PPG. Unfortunately Mille was not present for this to be explored further at this time.

## **Ajani Project**

Lawrence approached Fateha last year in regards to this project.

LC introduced a project he has been working on called the Ajani project (part of the Healthy Bods Healthy Minds business) which is a 9 week programme. The aim of this programme is to provide support for the unemployed. LC provided an overview of this initiative. LC has approached many organisation to support this initiative.

## **AOB**

### **HealthUnlocked**

RW and SW provided a leaflet on a network called 'HealthUnlocked'

HealthUnlocked is a social network for health. By finding others with similar health backgrounds people can take on day to day health concerns together. And because our communities are set up by leading health organisations people have access to credible support.

We believe good health information is good for your health. HealthUnlocked has been built to get good support to the people who need it.

### **MS Society**

PPG member VT who was unfortunately not present provided details on Multiple Sclerosis meetings.

There is a meeting the first Monday of each month at:

Highbury Barn Tavern  
26 Highbury Park

London N5 2AB  
18:30 – 21:30

PPG members were advised to forward this information to anyone who may be suffering with multiple sclerosis or friends and family of those suffering with multiple sclerosis.

### **Healthwatch Islington**

Healthwatch Islington is an independent organisation led by volunteers from the local community. Healthwatch Islington is to make sure that the views of local service users inform and influence the commissioning processes within health and social care.

Healthwatch Islington is looking for volunteers. If anyone is interested, please contact Jeni Kent on 020 7832 5821.

### **Future Awareness Event**

It was agreed that the next awareness event will focus on Diabetes

It was suggested the months of July and August would possibly be good months to host this event.

Fateha and Jaimie will make arrangements regarding dates and feedback to the PPG members.

### **Evening PPG**

NT suggested in having a PPG meeting in the evening. Fateha and Jaimie will explore the possibility of having the next PPG meeting in the evening.

### **IHUB at Highbury Grange Medical Practice**

From 1<sup>st</sup> May 2017, IHUB will no longer be hosted at Highbury Grange Medical Practice on a Monday and Tuesday evening however IHUB will continue to operate as normal at Islington Central Medical Practice, Andover Medical Centre, Ritchie Street Neighbourhood Practice.